

FRAMEWORKS: YOUTH DEVELOPMENT



The State requires its 21st CCLC sub-grantees to monitor and report on grant outcome objectives that are SMART - Specific, Measurable, Attainable, Realistic and Time Bound (showing growth annually within the program year). Arizona's grantees must report on grant objectives for student participants' movement in at least one youth development indicator. The youth development indicator/s should be imbedded into the students' academic progress. Areas of academic progress should include math, reading, language arts, and literacy measured through benchmark/formative testing and growth in adult family members understanding/knowledge of how to help their child succeed.

Authorized under Title IV, Part B, of the Elementary and Secondary Education Act (ESEA),

As amended by the *No Child Left Behind Act of 2001*, the specific purposes of the law are to:

- (1) Provide opportunities for academic enrichment, including providing tutorial services to help students (particularly students in high-poverty areas and those who attend low-performing schools) meet State and local student performance standards in core academic subjects such as reading, writing, mathematics and science;
- (2) Offer students a broad array of additional services, programs and activities, such as youth development activities, drug and violence prevention programs, counseling programs, art, music, recreation programs, technology education programs, and character education programs that are designed to reinforce and complement the regular academic program of participating students.

Successful youth development is promoted through activities and experiences that help youth develop physical, cognitive, emotional, social, and ethical competencies.

Personal and Social Assets That Facilitate Positive Youth Development

<p>Physical Development</p> <ul style="list-style-type: none"> • Healthy habits • Healthy risk management skills 	<p>Intellectual Development</p> <ul style="list-style-type: none"> • Essential life skills • Essential vocational skills • School success • Rational habits of mind- • Critical thinking and reasoning skills • In-depth knowledge of more than one culture • Good decision-making skills • Skills needed to navigate through multiple cultural contexts 	<p>Psychological and Emotional Development</p> <ul style="list-style-type: none"> • Positive mental health • Emotional self-regulation skills • Coping skills • Conflict resolution skills • Positive motivation for achievement • Confidence in one’s personal efficacy • “Planfulness” – planning for the future and future life events • Sense of personal autonomy/responsibility for self • Optimism coupled with realism • Coherent and positive personal and social identity • Pro-social and culturally sensitive values • Sense of a “larger” purpose in life • Moral character • Use of time 	<p>Social Development</p> <ul style="list-style-type: none"> • Connectedness-perceived relationships • Sense of social integration-being connected and valued by larger networks • Attachment to pro-social/conventional institutions (such as school, church, non-school youth programs) • Ability to navigate in multiple cultural contexts • Commitment to civic engagement
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What is Happening in Arizona?

Elementary, Middle, and High School

(Some example of BEST PRACTICES in Arizona’s 21st CCLC Sites)

Academic Enrichment	Leadership	Social -Emotional
<ul style="list-style-type: none"> - Art - Music - Technology Education - Tutoring Services - STEM/STEAM - Project-Based Learning - Inquiry-Based Learning - College & Career Readiness 	<ul style="list-style-type: none"> - Youth leadership - athletics - Planning and decision making - Community service, mentoring, volunteering - Service Learning - TeenCourt - Recreation Programs - Student Voices Project - Community Services (Civic Engagement) - Employment Training (H.S.) - Vocational Goals 	<ul style="list-style-type: none"> - Emphasize common values such as friendship, citizenship, and learning - Interpersonal Competence - Cultural Competence - Resistance Skills - Peaceful Conflict Resolution Skills - Developing A Positive Identity - Drug & Violence Programs - Counseling - Character Education - Bullying Prevention - Health & Nutrition

For more resources visit 21st CCLC Youth Development - www.azed.gov/21stcclc/youth-development/

The 21st Century Community Learning Centers afterschool program is funded by a federal grant from the U.S. Department of Education and administered by the Arizona Department of Education. For more information visit: <http://www.azed.gov/21stcclc/>